
REBECCA DEMI

The day you recognize yourself is the day others will recognize you too.

EDUCATION

Masters of Science: Dance-Movement Therapy, Pratt Institute Brooklyn, NY

Earned: February 2018

Extended Psychology Studies: Adams State University, CO

Earned: September 2016

Bachelors: Modern-Dance, Marymount Manhattan College, NY

Earned: May 2014

Certificate Program in The Arts and Trauma Treatment,

The Kint Institute, New York, NY

Earned: June 2023

PROFESSIONAL EXPERIENCE

Movement Meets Therapy, Sole Proprietor

05-2023 to present

- Full-time private practice owner treating adults 18-100 with c-PTSD symptoms using Eastern and Western clinical and holistic psycho-somatic therapeutic techniques

Bellevue Hospital Center, Licensed Creative Arts Therapist

07-2019 to 01-2023

- Full-time employee at NYC HHC working on inpatient medical-psychiatry service for adults ages 17-100
- Facilitated 13 weekly groups ranging from Dance/Movement Therapy, Art Group, Music Appreciation, DBT Skills, Recovery Skills, Poetry, Social Skills & Recreation Skills

~ New York, NY ~

- Provided daily 1:1 therapy sessions for adults with acute mental illness, medical injury, substance induced disorders, personality disorders, severe PTSD and neurodivergence
- Created initial admission notes & weekly progress notes on EPIC software
- Attended daily treatment team meetings with unit treatment team of psychiatrists, psychologists, physical assistant, social workers, students and nursing

Postgraduate Center for Mental Health, ACT team

12-2018 to 05-2019

- Full-time employee at NYC OMH non-profit program bringing outpatient services to chronically ill clientele
- Maintained monthly scheduled meetings with NYS AOT advisors for consumers
- Completed CSSR, treatment plans, wellness management plans, medication management and nicotine assessments

The Bristol at Lake Success, Dance Therapist

02-2018 to 11-2018

- Full-time employee at private New York State Department of Health Memory Care facility
- Conducted four daily group therapy sessions with elderly adult residents diagnosed with dementia and Alzheimer's disease, as well as Assisted Living (AL) residents

Provided dance/movement therapy, purposefully initiated movement, with shared focus, using props and music

PROFESSIONAL AFFILIATIONS

American Dance Therapy Association, NYS Chapter President

03-2020 to present

- Holds monthly zoom meetings with the chapter NYS-ADTA board of directors
- Attends bi-annual conferences held by the National ADTA Board & members
- Plans, brainstorms, organizes, and orchestrates events to promote the work on a national & global level
- Functions as the state liaison for current graduate students and working professionals in the field